

# Walk Like a Loon

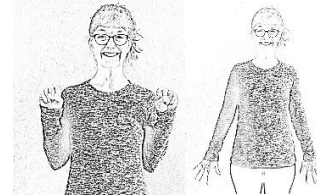
Loons' bodies are built for paddling, diving, and swimming underwater. Walking on land and flying are a bit tougher. Kids, try out the loon life!



**Walk like a loon** Loons walk awkwardly on land because their legs are attached far back on their bodies. Squat, hold your ankles together, and walk.



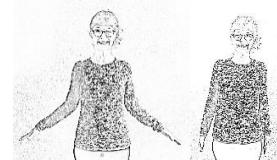
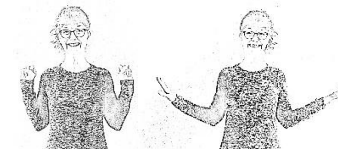
**Paddle like a loon** Loons don't alternate feet as they paddle. Keep your elbows at your side and swim!



**Dive like a loon** Loons dive to escape danger from overhead, like bald eagles. They also dive to catch food. Just dive down!



**Swim underwater like a loon** Loons are graceful underwater. Paddle your arms out to your sides, keeping your elbows in. Open your webbed feet as you "kick" downward.



**Fly like a loon** Loons have heavy bones for diving, so taking off is hard. They skip across the water for a long time before taking flight.

[No diagrams needed. You know how to fly! Just act like you weigh a lot more than you do.]