

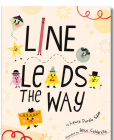
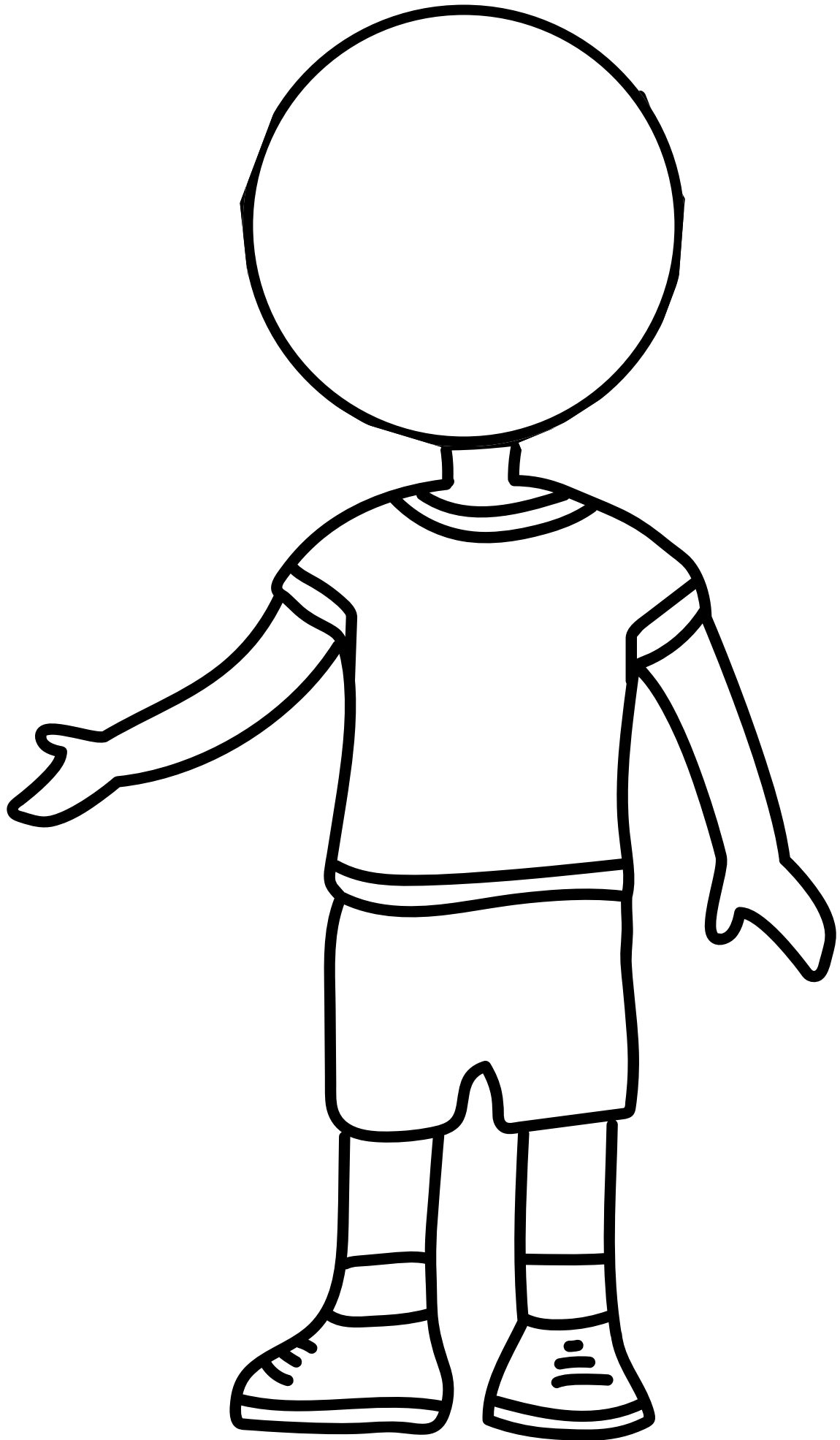
Growth Chart

In this book, Line discovers that his hard times and imperfections make him stronger--make him who he is! Kids can make growth charts to share the challenges they face and to celebrate the amazing humans they are!

- Share some of the difficulties you've faced in your own life. Encourage kids to think about and discuss their own hard times. These could be big things (loss of a loved one, housing insecurity, etc.) or relatively small things (a canceled party, etc.).
- Now do the same thing with your joys.
- Give each child a body outline (see p. 2) or do body tracings. Model each step for the kids.
- Decorate your face and hair to represent you.
- Choose a few hard times and write those across the outline, breaking up the line of the body.
- Fill in the rest with joys and loves. Use words, photos, small objects, etc. There's no wrong way to do this! With kids' consent, display their growth charts.
- Check out pgs. 3-4 to see my own big growth chart.

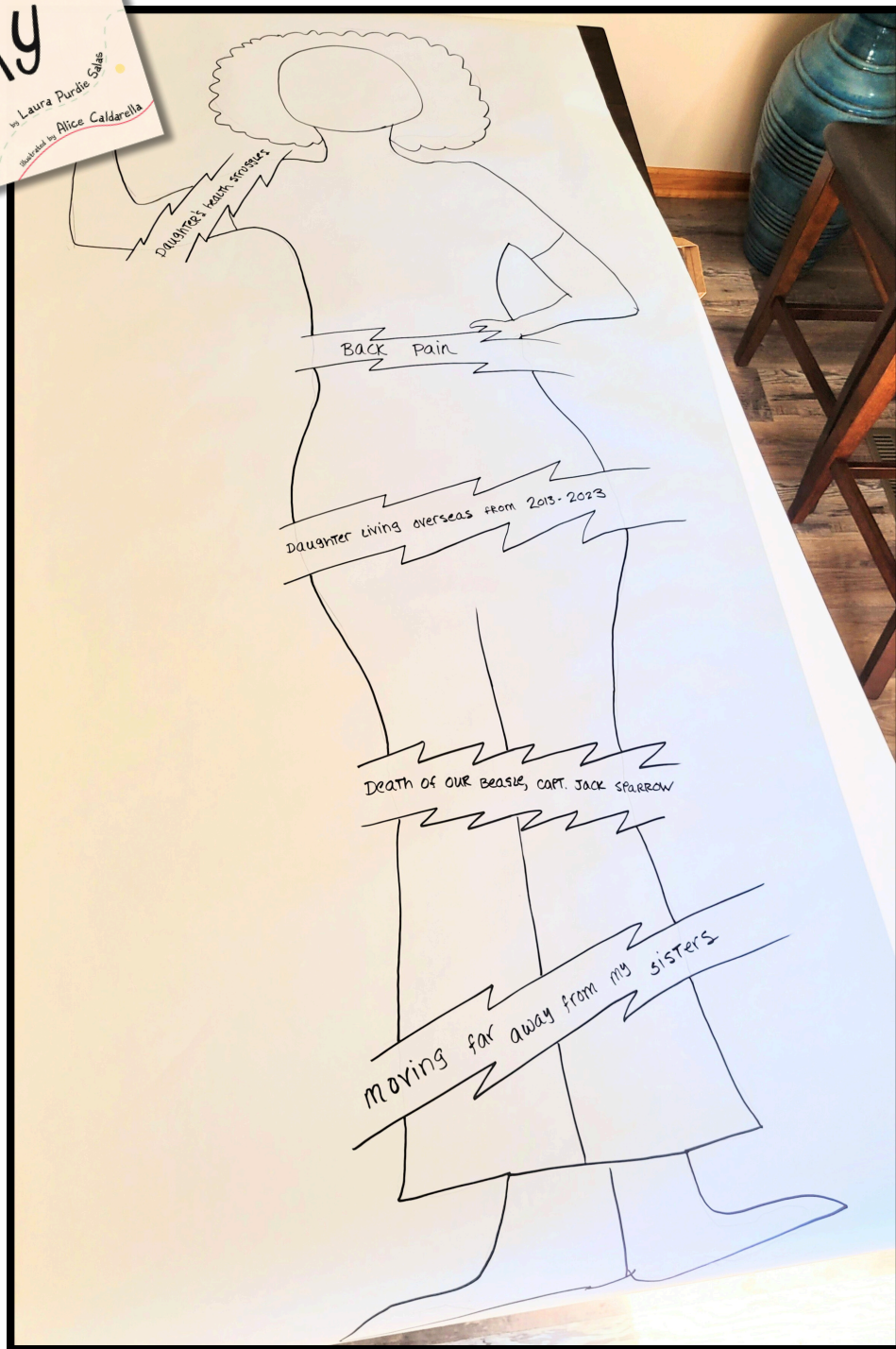
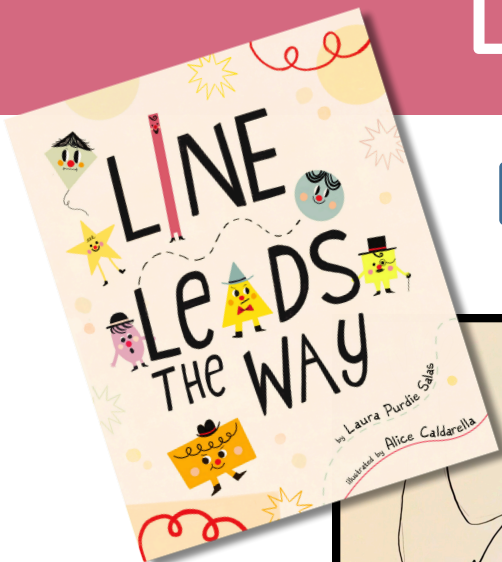
Grateful shoutouts to my friends Lisa Bullard, who came up with this idea, and Georgia Heard, whose Heart Maps helped guide me in creating my growth chart.





LINE LEADS THE WAY

Laura's Growth Chart

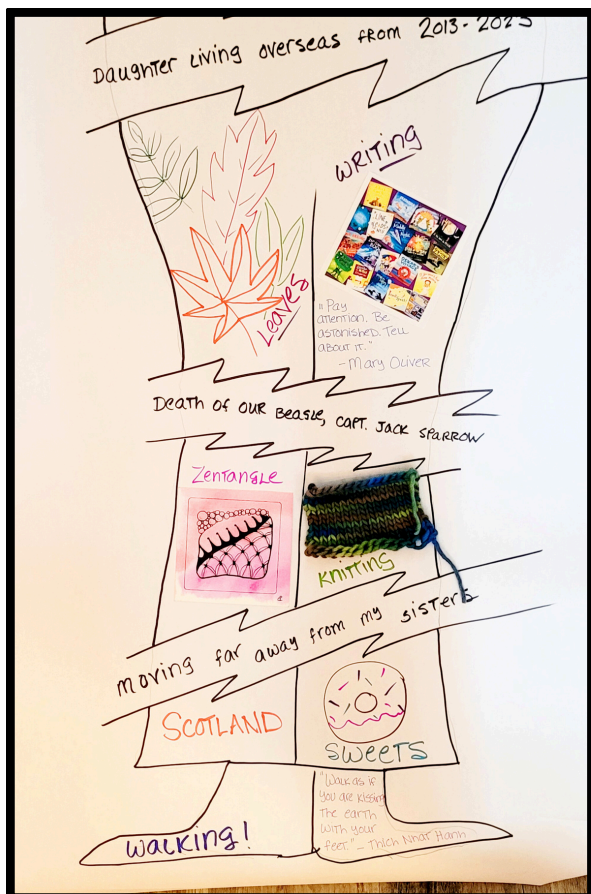
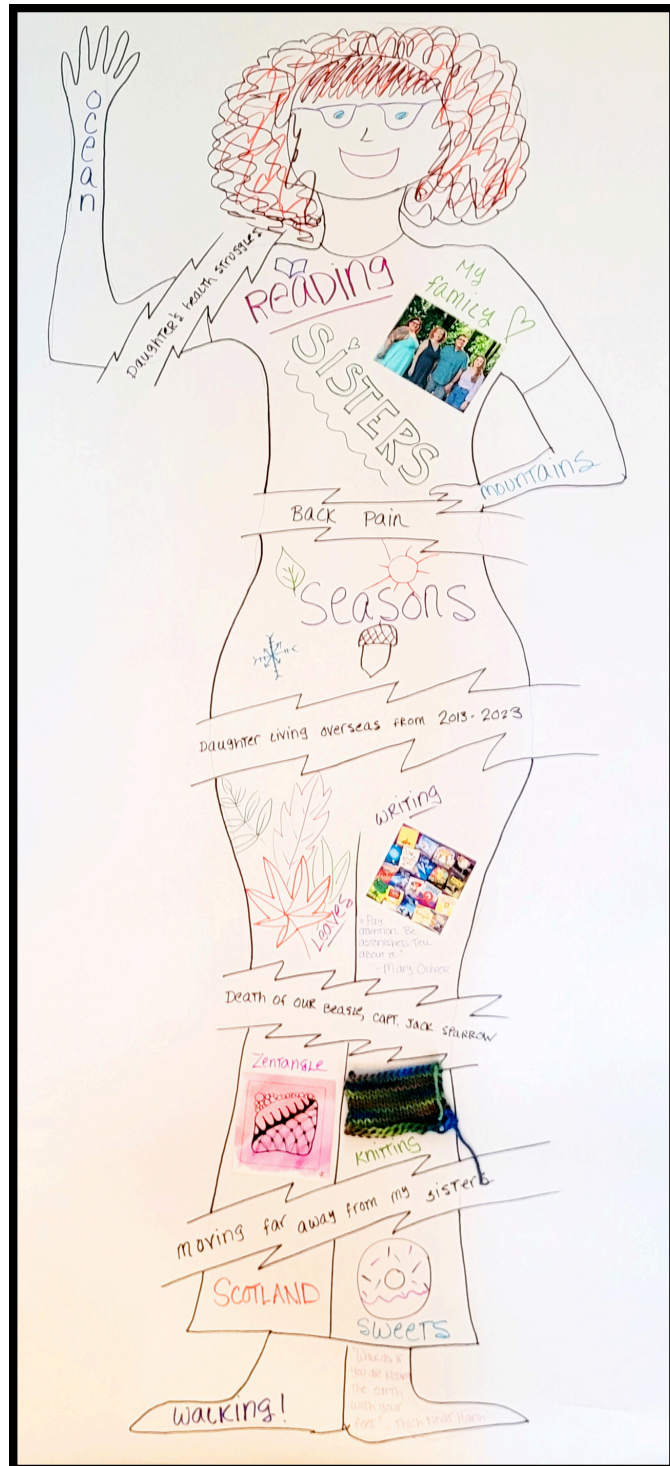


Laura's body tracing plus her challenges



LINE LEADS THE WAY

Laura's Growth Chart



Laura's finished growth chart

